

Mental Health America of Indiana Impact Report



2022/ 2023

www.mhai.net



About MHAI

Our Mission

Mental Health America of Indiana's (MHAI's) mission is to work for Indiana's mental health and victory over mental illness.

Our work has resulted in positive change. MHAI provides programs, education, and training to the professional field and the general public on behavioral health. Our treatment services have expanded equitable access to services for individuals seeking care. MHAI hopes to continue to reduce conditions that impede the attainment of mental wellness and recovery for all Hoosiers. In addition, our organization develops partnerships with stakeholders in Indiana to promote behavioral health advocacy and public policy.





Our Staff & Board

Our Board

Mental Health America of Indiana is overseen by a volunteer Board of Directors composed of mental health and business professionals, people with lived experience, and advocates whom represent our mission. Meeting quarterly, the Board directs the strategic objectives and policy of the organization.

The role of the Board of Directors is to provide subject matter expertise, input, and collaboration to the organization. Focusing on mission, programs, and policy, this provides MHAI with statewide stakeholders that possess specific expertise and influence in the subject matter to the organization.

Our Team

The Mental Health America of Indiana staff philosophy is to combine lived experience with professional integrity. This helps our organization understand how individuals living with mental health conditions can be positively impacted through our work.

McCaffrey 2022/ 2023

Impact Statement



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Sometimes, as a society, we forget that individuals living with mental health conditions are not really different in so many ways. They have activities that they enjoy, people that they love, and dreams that they want to achieve. We have come a long way, leaving behind the dark stain to our nation's history, as we have de-institutionalized state hospitals and removed the shackles of inadequate mental health treatment among our communities. Today, we look to a new hope, where behavioral health care is properly funded, crisis can be navigated by dialing a three-digit number, and Hoosiers living with mental health conditions no longer fear the stigma created by their peers.

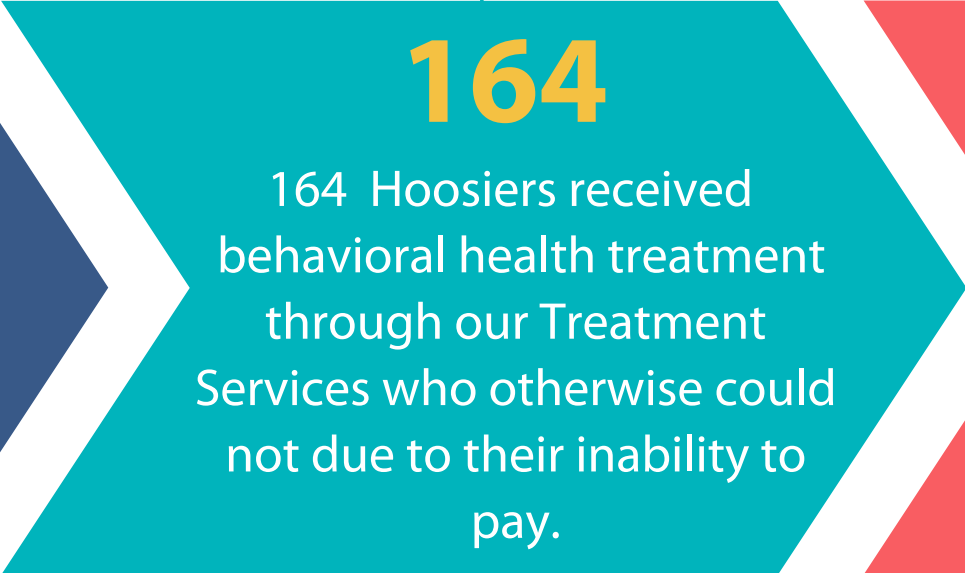
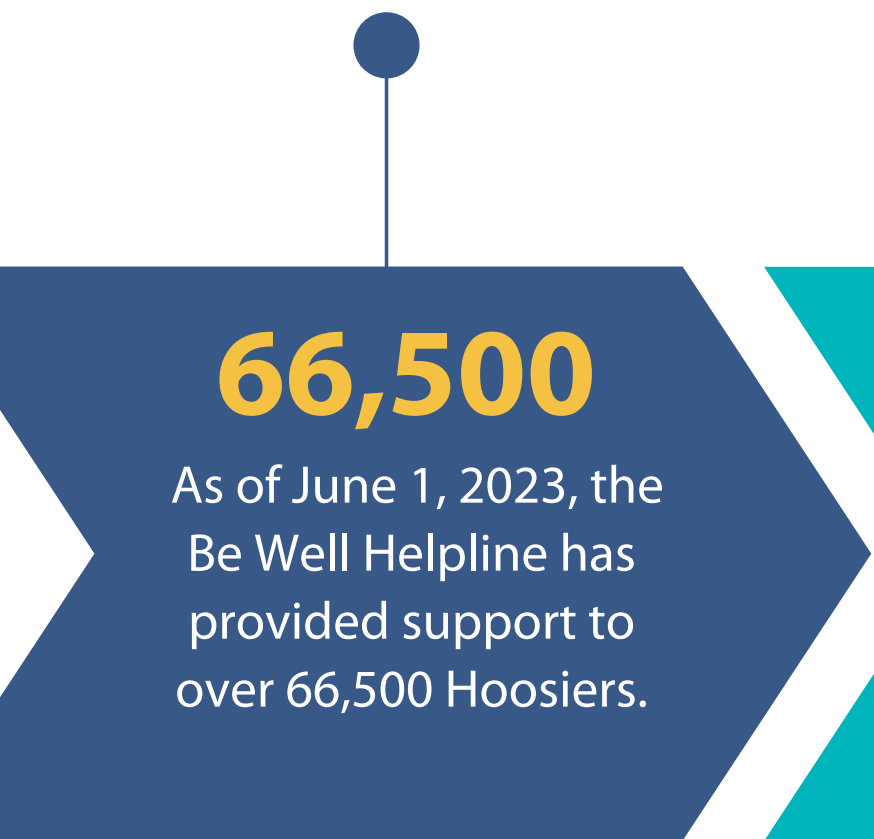
For Mental Health America of Indiana, the fight against discrimination is essential to our history and is what continues our work. Without help from our community and stakeholders, we could not shed light on these issues at such a large scale. In a time where more than a quarter of the population will experience a diagnosable mental health condition, Mental Health America of Indiana stands ready to continue our work in Indiana.

Steve McCaffrey, JD
President and CEO
Mental Health America of Indiana



2022/ 2023 Mental Health America of Indiana By the Numbers

Crisis Stabilization Services



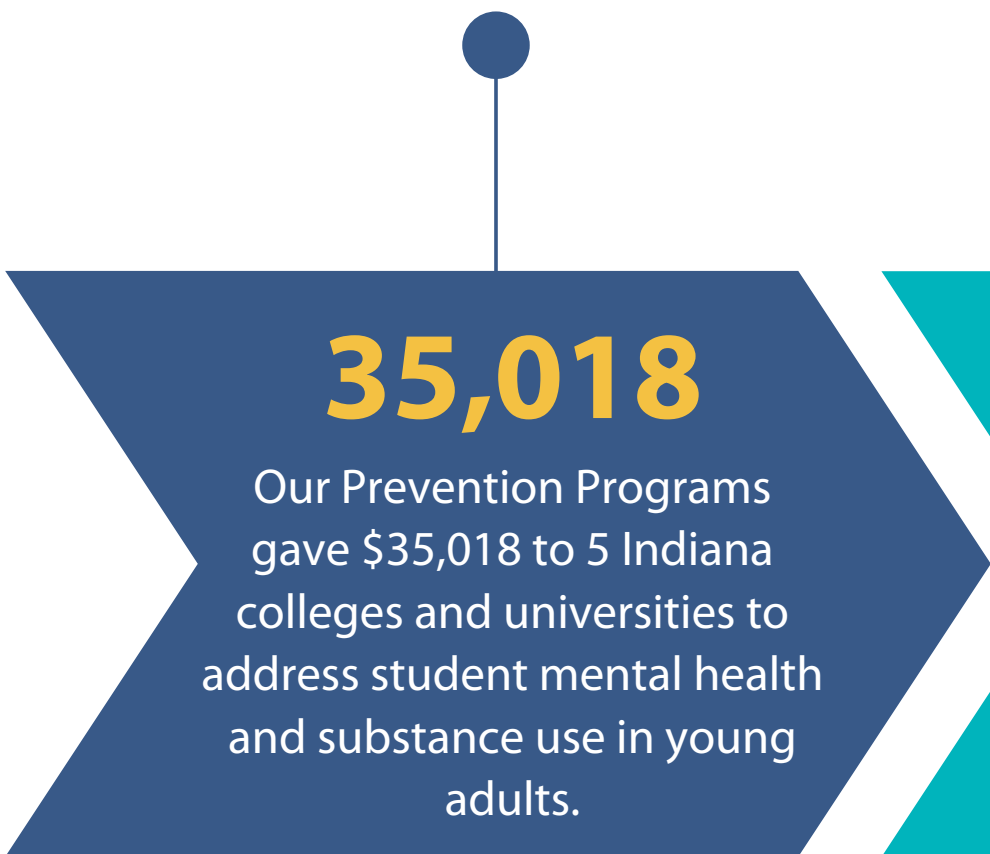
Treatment Services

Education & Credentialling



Forensic Services

Prevention Programs



Legal & Client Services

Recovery Services





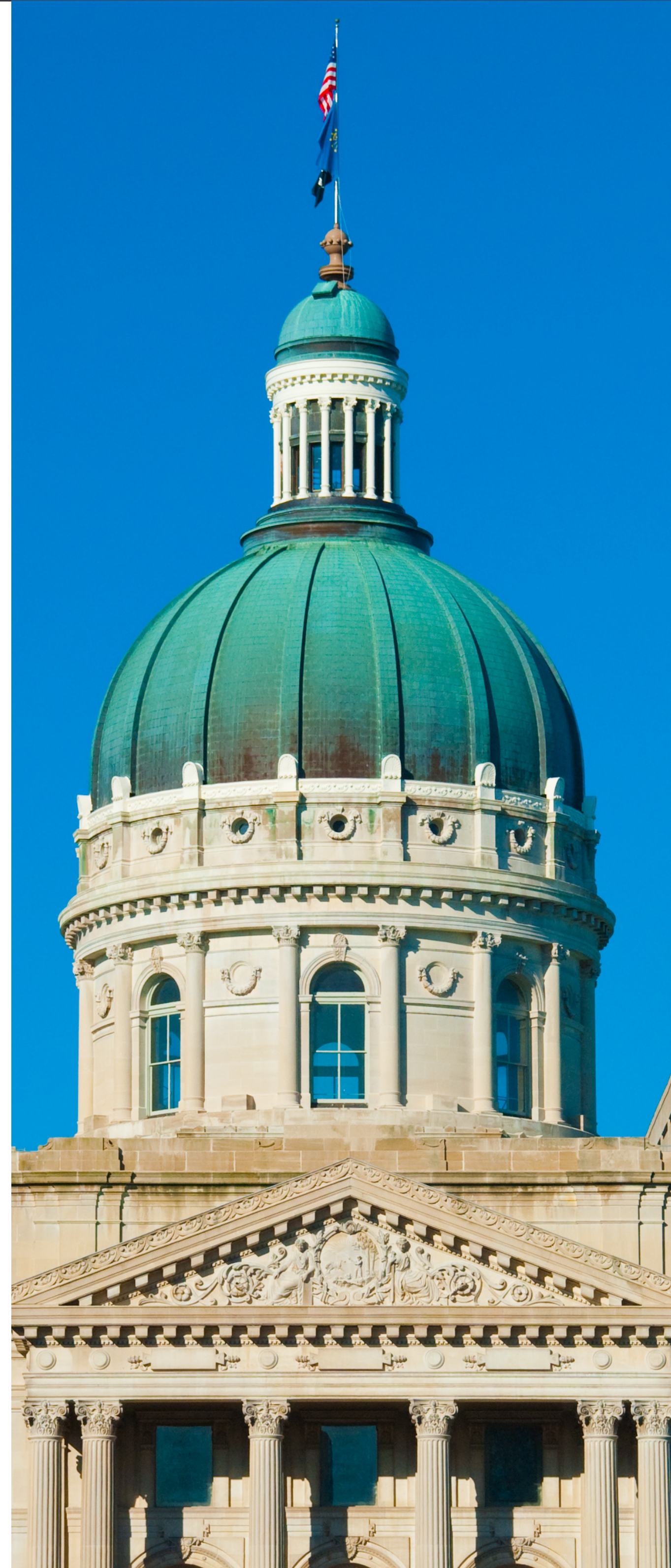
Public Policy & Advocacy

The MHAI policy team worked with stakeholders across the state of Indiana to advance mental health priorities in during the 2023 Indiana Legislative Session.

In 2023, the MHAI policy team's work focused on the passage of two priority bills, HEA 1006 and SEA 1. Because of our communications this session, over 1,500 Hoosiers sent a letter urging their legislator to support the implementation of the new three-digit suicide lifeline number – 988 – for mental health crises. MHAI's public policy and advocacy work continues to be the strongest, largest, and oldest behavioral health network throughout the state.

Public Policy 2023 Highlights:

- SEA 1:
 - Invests in Indiana's community mental health centers
 - Builds the 9-8-8 crisis response hotline
 - Maintains the Be-Well Crisis Helpline
 - Continues of the Indiana Behavioral Health Commission
- HEA 1006:
 - Helps individuals with mental illness get out of jail and into treatment
- Indiana will give \$100 million for mental health services and resources over the next two years
- Indiana will give \$10 million to establish Regional Treatment Centers over the next two years
- Indiana sets to dramatically expand the services and resources offered by local health departments in SEA 4



2022 Mental Health America of Indiana Mental Health Screenings

49,262

Hoosiers took a mental health screen
(January 2022 - 2023)

78%

screen
moderate or
severe

but

52%

have never
recieved care

61%

of individuals
are 11-24 years
old

and

27%

of individuals
are minorities

24,456 individuals identified as students

17%

do not have healthcare

6%

identify as transgender

2022/ 2023 Mental Health America of Indiana Symposium & Hoosier Idol



Dr. Leslie Hulvershorn speaking at the 2022 MHA of Indiana Annual Symposium

1,000
Attendees

+ 75
Exhibitors

+ 20
Speakers



Over 1,000 attendees registered both in person and virtually for the 2022 Annual Symposium



All members of the Indiana General Assembly Legislative Leadership attended 2023 Hoosier Idol



+850
Attendees

6 Acts

+ \$50k
Raised

State Senator Mike Crider and State Representative Ann Vermilion were awarded 2023 Legislator of the Year



Thank You to Our Annual Partners

Gold

MHS
Alkermes
Johnson & Johnson
Otsuka
Casino Association

Silver

MDWise
Anthem
United Healthcare

Bronze

Bridges of Hope	4C Health
Community Health Network	WE Work for Health
Covering Kids and Families	Belden
Meridian Health Services	CareSource
Recovery Centers of America	Aware Recovery Care

Barnes & Thornburg

Partner

InteCare	Liberty Health Systems	Citizens Energy
Adult & Child	Valle Vista	Reform Alliance
Zinnia	Volunteers of America	Indiana Public Defenders
Centerstone	Indiana Council	Interact for Health
Genoa	Indiana Hospital Association	Hendricks Behavioral Health
Hickory Recovery Network	Indiana Public Defenders Council	Ascension
Hope Academy	Bowen Center	Taft Law
Department of Corrections	MHA of Boone County	Dant Advocacy



**This Mental Health America of Indiana
Impact Report is dedicated to you. We are
grateful for your support
and advocacy.**

**Together, we can ensure all Hoosiers have
access to mental health resources and care.**

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